

# Q & A – July 2017

## **Road Work on Griffin Road**

Road construction along Griffin Road is well underway. In phase one, there will be a temporary paved access road that will enable patrons coming to SLS FSC to access to the facility with minimal impact. This will then allow and make way for the first of several traffic circles in the area to be constructed, along with a new paved road with pedestrian sidewalks to connect the traffic circles back up to the 4 way stop. (Initially it will be a two lane road, but the plans are to turn it into a 4 lane road in the future). Currently there are two roads off Griffin into SLS FSC, Arena Road and SLS Road. The second road, SLS Road will be permanently removed. The traffic circle will have a branch that takes patrons to the west to access SLS FSC and the RV campgrounds and then to the south to access the new bridge. In phase two, which likely won't happen until next year, a second traffic circle is in the plans for accessing SLS FSC along arena road and at this time we are working with the Town planners to have the Totem 2 parking lot paved and included in this portion of the project. There will be a traffic circle located further up Griffin Road closer to the Half Hitch which will allow for access into the new housing development Grey Stone.

## **Expansion Facilities**

In **June** we opened up several new spaces on the expansion side; the new Fitness Centre with double the space of the old facility, large TV's, some new equipment, much bigger change rooms and lots of glass to see the outdoors and into the atrium. The new main Guest Services located in the Atrium is open as is the new Totem 2 Guest Services Kiosk. The new Martial Arts Studio and the Multi Fitness room are now being used.

The curling centre will be commissioned in July and will have ice in it as of August this year. Come September the Cochrane Curling Club will start their leagues, school groups will be learning the finer points of the game, programs will be running to introduce and enhance skills. Ask and register for our 'learn to curl' programs.

The opening of the Aquatics Centre has been delayed and pushed back to the later part of July, but soon families will be splashing around in the lazy river, soaking in the hot tub, watching the kids play in the leisure pool with the water dumping toys and wave chamber or taking swim lessons, sliding down one of the two slides, doing rehab exercises in the warm water therapy pool, swimming lengths in the lane pool and / or be a participant on one of the local swim teams.

Jugo Juice and Patsy's food concessions will open in July.

We are still looking to fill the restaurant/pub tenant spaces; 4,300 square feet. For more information contact [robinmitchell@sllsportscentre.com](mailto:robinmitchell@sllsportscentre.com). It will be situated between and overlooking the curling ice and the Totem 1 arena.

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## **Membership:**

*The current SLS FSC Fitness Membership (what people have now); the annual at current rates, will be available to purchase up to just before the Aquatic Centre opens to the public. \*\*If people buy an annual membership before the aquatic centre opens, it will be honored and grandfathered **as a 'facility wide' membership at the current rates.***

Moving forward people will have the choice of **Three (3) membership options:**

OPTION 1: **Fitness Membership** (what people have now)

OPTION 2: **Aquatics Membership:** We be available once aquatic centre opens. Does not include any of the current fitness facility, **only aquatics**. Includes aquatic drop-in activities such as aquacise.

OPTION 3: **Facility-Wide membership** (inclusive of the fitness and aquatics). We will start selling Annuals and Continuous once the aquatic centre opens.

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<b>Current Rates</b>	Youth (2-17)	Student Proof of ID (18+)	Adult (26-59)	Senior (60+)	Family
<b>SLS FSC Fitness continuous monthly</b>	\$25	\$25	\$53	\$30	<b>\$93/month (2 adults and all children under 18 at home)</b>
<b>SLS FSC Fitness annual payment</b>	\$250	\$250	\$525	\$275	<b>\$925</b>
<i>*Continuous rates will increase as of June 1</i>					
<b>New Rates</b>		Young Adult *new Proof of ID (18-25)			
<b>Facility-Wide 2017 after July 15 continuous monthly</b>	\$35	\$45	\$60	\$45	<b>\$119/month</b>
<b>Facility-Wide 2017 annual payment, after July 15</b>	\$385	\$495	\$660	\$495	<b>\$1,309</b>
<b>SLS FSC Fitness – Continuous Monthly (what is offered now) DRY</b>	\$25	\$30	\$53	\$30	<b>\$93/month (2 adults and all children under 18 at home)</b>
<b>SLS FSC Fitness – Annual (what is offered now) DRY</b>	\$275	\$330	\$583	\$330	<b>\$1,023</b>
<b>SLS FSC Aquatic – Continuous Monthly</b>	\$25	\$30	\$45	\$30	<b>\$80/month (2 adults and all children under 18 at home)</b>
<b>SLS FSC Aquatic - Annual</b>	\$275	\$330	\$495	\$330	<b>\$880</b>

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## Childminding

Annual and Continual members will be able to access up to 1.5 hours of child minding 3 x's a week at no charge, subject to availability. (A single 1.5 hour session can be for 1, 2, 3+ children from the same household). Members will still be able to reserve and book a spot in advance.

### OF NOTE:

- If the member wants additional childminding after they have used their 3 free visits for the week, subject to availability, they will now have to pay for it, \$5 per 1.5 hour session.
- If a member calls to reserve a spot and doesn't show or doesn't call to cancel the reservation, they will be charged a 'no-show' fee. The childminding service is in high demand and we don't want to turn people away if we have spots held and people don't show.

Non-members can utilize childminding, \$5 per 1.5 hour session, subject to availability, but they cannot reserve a spot in advance.

Q. Will there be lots of drop-in programs for the pool and will that be included in membership?

A. Yes there will be lots of aquacise classes of various levels that will be part of the membership and these will start in September.

Q. Will everyone have access to the warm water therapy pool and will it be salt water?

A. The warm water therapy is intended for anyone to use that could benefit from it. At times it will be programmed exclusively for specific classes and rehabilitation workouts but the warm water therapy pool is not just for a designated segment of the population. The warm water therapy pool is not a salt water pool. None of the bodies of water are salt water.

Q. Why would I purchase a Facility Wide Membership now if the aquatic centre is not open?

A. First off, there is a substantial savings if you purchase right now, and if you want to swim, SLS FSC members can present their membership card at Big Hill Leisure Pool and swim for free.

Q. Will day camps include use of the new aquatic centre?

A. Yes day camps will include time in the aquatic centre once it is open. Until then, they will use the Big Hill Leisure Pool. We currently bus our day campers to the Big Hill Leisure Pool as part of the weekly activities.

Q. what are the temperatures of the various bodies of water?

- A.
- Lap Pool – 82F
  - Leisure Pool/Wave Pool – 86F
  - Hot Tub – 104F
  - Warm Water Therapy – 96F

Q. Does the new fitness centre have change rooms, lockers and showers?

A. Yes the new fitness centre has change rooms, lockers and showers.

Q. Will people be able to still check-in at the fitness centre if they have a membership?

A. People will be able to check-into the fitness centre and change in that space. They will then be able to access the new fitness space, the track or the current fitness space located out in the middle of the track.

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Q. Does the Aquatics Centre have its own set of change rooms and showers?

A. Yes, there is a men's and women's and a family friendly change room.

Q. Is the curling centre included in my fitness membership?

A. No and Yes. You have to belong to one of the curling leagues and pay your seasonal membership dues to use the curling ice. We do plan of offering 'learn to curl' programs of which there will be a fee to participate. When the ice is not in, we will program the space and at times those dryland programs may be included in your fitness membership.

Q. Is there a lounge / restaurant going into the new facility?

A. There is a dedicated leasable space that is located on the second level, situated between the Totem 1 Arena and Curling Centre that has windows that look down into these facilities. At present we have not found an operator for this space, but we are still looking to find someone. We are only looking to have a 'family friendly' operator, in that children will be allowed to go into the space.

Q. Will I be able to register on-line and pay for programs?

A. Yes you are able to do on-line registration and payments for programs.

Q. When will swim lessons start to take place in the Aquatics Centre?

A. We anticipate being able to start offering swim lessons in late July

Q. Will birthday party packages be offered in the aquatics centre?

A. Yes we will start to offer birthday parties in the aquatics centre, likely in late July or early August.

Q. Will there always be a lane open for lane swimming? Will the slides be open all the time? Will the wave chamber be going all the time?

A. With 8 lanes we are going to try and have one or two lanes open for lane swimming much of the day, but there will be times when it is closed to the general public for swim teams, swim meets, lessons and maintenance. The slides will be open at designated times throughout the week. These times will likely vary. We need to have a slide operator at the top of the slides when they are open. The wave chamber will be open at designated times throughout the week. These times will vary.

Q. Will there be more parking available once the expansion is complete?

A. Yes, we will have parking around the entire building that people can access. There are two new main entrances, the main entrance into the atrium and a smaller entrance off the back of the atrium.

Q. Where will I be able to check-in?

A. The new main guest services is located in the atrium on the main level. People can purchase memberships, drop-in, and register for programs and collect their wrist bands from here. This is also where people, going to the aquatics centre, will check in. People with fitness memberships will also be able to check-in at the Fitness Centre. People will be able to register for programs on-line and in person at either the new main guest services or new guest services Kiosk in the Totem 2 lobby, for those members checking in to go to the summer bouncers, weekend public skating, shinny and the Climbing centre (expected to open sometime in August)

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Q. Is there a climbing centre being built?

A. Construction will start on the new Climbing Centre in July. The back wall will have a traditional climbing wall and there will be 'funky' climbing panels nearer the front to attract the younger crowd. Large glass floor to ceiling windows will replace the drywall so people can get a great view of the Climbing Centre. The climbing walls will be 25 feet high. It should attract youth and adults alike that want to 'try' climbing. It is not intended for advanced climbers.

Q. Are the Bouncers and the Kid Zone coming back this summer?

A. Yes. This year Totem 3 will be converted to the popular KID ZONE where 8 giant Bouncers are set up, open 7 days a week from Mid June until mid-September. This year, Totem 2 ice will stay in all summer.

Q. Are shoes allowed in the new martial arts centre?

A. There is a special high density foam floor in the martial arts centre. No outdoor shoes are permitted in the room. We ask all participants to remove their shoes prior to entering. This assists in reducing any dirt and stones from being dragged in on the floor.